

2008 MIAC Football Awards

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St. Paul, Minn. -- The Minnesota Intercollegiate Athletic Conference (MIAC) announced the 2008 MIAC Football Awards today, November 24, 2008.

Leading the All-Conference team is 2008 MIAC MVP **Royce Winford** of Augsburg. Winford (Sr., Brooklyn Park, Minn./Osseo) was a dual threat for the Auggies in 2008 playing on the offensive and defensive side of the ball. On offense, the 6-2 receiver caught 75 balls for 944 yards and 12 touchdowns. On defense, Winford lined up as a defensive back and tallied three interceptions during conference play.

Concordia College junior defensive tackle **Travis Aufderheide** (New Ulm, Minn.) received the 2008 Mike Stam Award as the league's top interior lineman. Aufderheide had 4.5 sacks and 7.0 tackles for loss for a Cobber defense that led the MIAC in rush defense.

Carleton head coach Kurt Ramler was chosen as the 2008 MIAC Coach of the Year. Ramler, in his third season, guided the Knights to a 7-3 record, 5-3 in the MIAC. Carleton defeated a pair of top 25 teams and earned the program's first national ranking since 1992. Also, the Knights' seven wins equaled the program's second-highest win total over the last 50 seasons.

As part of a conference-wide sportsmanship initiative, the MIAC announced the third annual All-MIAC Sportsmanship team for football. Members of the All-MIAC Sportsmanship team are selected by their coaches and teammates as individuals who demonstrate ideals of positive sportsmanship both on and off the field of competition.

2008 MIAC Awards

Jim Christopherson MIAC MVP - Royce Winford, Augsburg (Sr., Brooklyn Park, Minn./Osseo)

Mike Stam Award - Travis Aufderheide, Concordia (Jr., New Ulm, Minn.)

Coach of the Year - Kurt Ramler, Carleton (3rd season)

2008 MIAC First Team All-Conference - Offense

Name	School	Year	Position	Hometown/High School
Jordan Berg	Augsburg	Sr.	QB	Gaylord, Minn./Sibley East
Shane Henfling	Carleton	Sr.	QB	Watkins, Minn./Eden Valley-Watkins
Logan Flannery	Bethel	So.	RB	Lakeville, Minn./South
Cory Johnson	Concordia	Sr.	RB	Moorhead, Minn.
Ben Wartman	St. Thomas	So.	RB	Prior Lake, Minn.
Chad Arlt	Gustavus	Sr.	WR	St. Michael, Minn./St. Michael-Albertville
Matt Frank	Carleton	Sr.	WR	Caledonia, Minn.
Royce Winford	Augsburg	Sr.	WR	Brooklyn Park, Minn./Osseo
Tom Knowles	St. Thomas	Sr.	TE	Hermantown, Minn.
Mike Ervin	Bethel	Sr.	G	Bloomington, Minn./Jefferson
Dan Gamache	Saint John's	Sr.	OL	Rush City, Minn.
Derall King	Hamline	So.	T	Inver Grove Heights, Minn./Sibley
Billy Oehlers	Concordia	Sr.	G	North Branch, Minn.

Josh Ostrue	St. Thomas	Jr.	C	South St. Paul, Minn.
Brandon Rudenick	Augsburg	Sr.	C	Nicollet, Minn.
Jared Thelemann	Gustavus	Sr.	G	Kilkenny, Minn./Waterville-Elysian-Morristown
Steve Ramey	Carleton	Sr.	Utility	Cottage Grove, Minn./Park
Russ Gliadon	Saint John's	Sr.	K	Fridley, Minn.

2008 MIAC First Team All-Conference - Defense

Name	School	Year	Position	Hometown/High School
Travis Aufderheide	Concordia	Jr.	DT	New Ulm, Minn.
John Hanks	Carleton	Sr.	DE	Leroy, Minn./Leroy-Ostrander
Aaron Mills	Bethel	Sr.	DE	Traverse City, Mich./Central
Mike Schumacher	Saint John's	Sr.	DL	Arden Hills, Minn./Totino-Grace
Michael Williams, Jr.	St. Olaf	Sr.	DE	Marshfield, Wis.
Tony Palma	Gustavus	Jr.	ILB	Lino Lakes, Minn./Centennial
Darin Schwarze	Bethel	Sr.	ILB	Stanwood, Wash.
Ryan Wimmer	Saint John's	Jr.	ILB	St. Cloud, Minn./Cathedral
Tom Flynn	Concordia	Sr.	OLB	Shelby, Mont.
Zach Sturm	St. Thomas	Jr.	OLB	Springfield, Minn.
Cory Svihla	Bethel	So.	OLB	Foley, Minn.
Tim Cornish	Bethel	Jr.	CB	Plymouth, Minn./Wayzata
Brady Ervin	St. Thomas	Jr.	S	Eden Prairie, Minn.
Derek Stifter	Saint John's	Sr.	CB	Watertown, Minn./Watertown Mayer
Joe Welch	Gustavus	Jr.	S	Hastings, Minn.
Drew Ziller	Carleton	Sr.	FS	Byron, Minn./Rochester Lourdes
Matt Nelson	St. Olaf	Sr.	P	Eagan, Minn.

2008 MIAC Second Team All-Conference - Offense

Name	School	Year	Position	Hometown/High School
James Leary	Hamline	Sr.	QB	Inver Grove Heights, Minn./South St. Paul
Jesse Nelson	Concordia	Sr.	QB	Chanhassen, Minn./Minnetonka
Jason Potts	Augsburg	Sr.	RB	Plymouth, Minn./Robbinsdale Armstrong
Coty Watkins	St. Olaf	Sr.	RB	Bloomington, Minn./Jefferson
Ray Wilson	Gustavus	Sr.	RB	Brooklyn Park, Minn./Totino-Grace
Muneer Al-Hameed	Augsburg	So.	WR	Woodbury, Minn./Minneapolis Washburn
Ben Vanderheyden	Saint John's	Jr.	WR	Plymouth, Minn./Wayzata
Fritz Waldvogel	St. Thomas	Fy.	WR	Mendota Heights, Minn./St. Thomas Acad.

Alex King	Bethel	Sr.	TE	Wayzata, Minn.
John M. Anderson	Concordia	Jr.	T	Cambridge, Minn./Cambridge-Istanti
Brad Eckelmann	Carleton	So.	T	Portland, Ore./Lincoln
Alex Garza	Hamline	So.	T	Adelanto, Calif./Silverado
Justyn Helgeson	St. Thomas	Jr.	T	Farmington, Minn.
Michael Klayum	Gustavus	Sr.	T	Lakeville, Minn.
John Schantzen	St. Olaf	Jr.	T	Stillwater, Minn.
Mike Struss	Augsburg	Sr.	T	Nicollet, Minn.
Alex House	Hamline	So.	Utility	Champlin, Minn./Champlin Park
Carl Hauser	Concordia	Jr.	K	Fergus Falls, Minn.

2008 MIAC Second Team All-Conference - Defense

Name	School	Year	Position	Hometown/High School
Brian Berglund	Gustavus	Sr.	NT	Lauderdale, Minn./Roseville
Jacob Lewis	St. Thomas	Jr.	NT	Plymouth, Minn./Maple Grove
Joe Luke	Saint John's	Sr.	DL	Alexandria, Minn.
Andrew Pafko	St. Thomas	Sr.	DE	Blaine, Minn.
Clinton Strother	Concordia	Sr.	DE	Brainerd, Minn.
Tommy Becker	St. Thomas	Jr.	ILB	Wayzata, Minn.
Adam Concannon	St. Olaf	Jr.	ILB	Orlando, Fla./University
Tony Danna	St. Thomas	So.	ILB	Lake Elmo, Minn./Hill-Murray
Donavon Bates	Augsburg	Sr.	OLB	White Bear Lake, Minn.
Nick Kotsmith	Saint John's	Sr.	OLB	Foley, Minn.
Mike Labore	Hamline	Jr.	OLB	South St. Paul, Minn.
Garrett Adamson	Augsburg	Sr.	FS	White Bear Lake, Minn./Hill-Murray
Ethan Armstrong	Gustavus	Sr.	CB	Wheaton, Minn.
Xavier Carroll	Concordia	Jr.	CB	El Cajon, Calif./Grossmont
Nick Cesarek	Carleton	Sr.	CB	Eagan, Minn./Eastview
Bobby Klint	Saint John's	Jr.	FS	Minneapolis, Minn./Totino-Grace
A.C. Clouthier	St. Thomas	Jr.	P	Appleton, Wis./Xavier

2008 All-MIAC Sportsmanship Team

Augsburg - Jason Potts (Sr., Plymouth, Minn.)
 Bethel - Darin Schwarze (Sr., Stanwood, Wash.)
 Carleton - Jeff Potempa (Sr., Lake Forest, Ill.)
 Concordia - Jon Tritsch (Sr., Murray, Neb.)
 Gustavus - Michael Fabel (Sr., Cold Spring, Minn.)
 Hamline - James Leary (Sr., Inver Grove Heights, Minn.)
 Saint John's - Brett Saladin (Sr., Woodstock, Ill.)
 St. Olaf - John Michael Williams, Jr. (Sr., Marshfield, Wis.)
 St. Thomas - Jeffrey Hilliard (Jr., Woodbury, Minn.)